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HOT SHOTS

EMMA SUTHERLAND Naturopath

Describe your attitude to your work in three words. Fun, passionate and inspired.

What do you like most about what you do? Seeing the profound changes people make using natural medicine.

What first interested you about naturopathy? The old people on the Greek island of Ithaca. They are full of vitality from using local herbs.

What is the most important thing that your job has taught you? An individual approach always works best.

What kind of training have you done? A diploma of naturopathy and a bachelor of health science in complementary medicine. I'm continuing my training.

What motivates you? To inspire women to reach a level of health and vitality they never thought possible.

Would you do anything differently? A course on website design.

ANNIE STEVENS

LINK healthequalsvitality.com.au

